

## *Our Goals & Expectations*

- To ensure each participant will improve their ability, confidence, appreciation, understanding and enjoyment of hockey. It is essential that each student come ready to listen, learn and work hard!!!
- To maintain a very high standard of on and off-ice discipline. Players who are not responsible or respectful will not be allowed to participate in activities and may be sent home.
- To maintain the player-instructor ratio of 10 students to one instructor in the hockey skills sessions.



# 2010 CAMPS

*\*Please visit our website for more details on all of the camps.*

## Red Deer Summer Camp:

**August 9th - 13th**

- GROUP A: 6 year olds only (Skill development)
- GROUP B: 7-8 yrs. (FULL day camp)
- GROUP C: 9-10 yrs. (FULL day camp)
- GROUP D: 11-12 yrs. (PeeWee checking & 3on3)

## Wetaskiwin Summer Camp

*(\*Formally Park Power/SportFWD):*

**August 16th - 20th**

- GROUP A: 8-10 yrs. (FULL day camp)
- GROUP B: 10-13 yrs. (FULL day camp)

## Blackfalds Fall Evening Hockey & Ringette Camps:

**September 13th - 24th**

### **HOCKEY**

- GROUP A: 5-6 yrs.
- GROUP B: 7-8 yrs.
- GROUP C: 9-10 yrs.

### **RINGETTE**

- GROUP A: 6-7 yrs.
- GROUP B: 8-9 yrs.
- GROUP C: 10-12 yrs.

## The Next Shift Hockey Development

P.O. Box 20016  
Mountview Postal Outlet  
Red Deer, AB T4N 6X5

Webpage: [www.thenextshift.ca](http://www.thenextshift.ca)  
Fax: 403-356-9656

## The Next Shift Hockey Development



*We offer day long hockey development camps, evening skill development, ringette camps, and prep camps.*

### **Mission/Mandate:**

We believe strongly in and lead our lives in accordance with Hockey Canada's "Hockey for life, hockey for excellence" mandate. Hockey has been extremely good to us and we hope to inspire a lifelong love of hockey in each student we teach.

**[www.thenextshift.ca](http://www.thenextshift.ca)**

**Email: [info@thenextshift.ca](mailto:info@thenextshift.ca)**

## *Program Overview*

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We believe that the key to enjoying hockey is the development of basic skills. These core skills include:

- **Skating** – balance, agility, edge control, starting and stopping
- **Puck control** - creativity and control in motion
- **Passing** – speed, accuracy, proper technique
- **Shooting** – technique, shooting in motion, shooting to score
- **Checking** – angling, foot speed, stick and body positioning
- **Team play** - offensive and defensive tactics
- **Goaltending** – positioning, angles, reaction and team play

Our on-ice program is designed to introduce, drill and re-drill the player in the proper, sequential development of these fundamental hockey skills. Each week includes a specific skill progression and culminates in a full-ice game to celebrate what we have learned over the week.

## *Schedule for Summer Full Day Camps*

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During the full day development camps students will experience:

- three hours of on-ice instruction
- specific skill focus for each day
- skill development progression
- classroom sessions
- dry-land and/or off-ice training

*\*\*Summer camp participants and their parents may also have the opportunity to take part in a professional equipment presentation (dependent on school and availability).*

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## *Ringette*

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We are pleased to offer specialized ringette instruction during our fall evening camp in Blackfalds, AB. This camp will focus on developing core individual skills essential for the sport of ringette. Tamara Pollock joins us as the main technical instructor for these sessions.

## *Our Instructors*

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*We are dedicated to ensuring the highest calibre of instruction possible during our hockey schools.*

**Instructors for The Next Shift Hockey Development have:**

- played and experienced success in elite hockey
- excellent knowledge of the game
- the ability to teach and lead others
- extensive coaching experience
- extensive experience as hockey school instructors
- experience as Hockey Alberta instructors
- a genuine love for the game of hockey

*All of our instructors have extensive experience and know how to plan, instruct, and manage children.*

### **2010 HOCKEY SKILLS LEAD INSTRUCTORS**



Randy Gehring  
Ted Hutchings  
Geoff McRorie  
Kevin Robertson  
Jeremy Spink